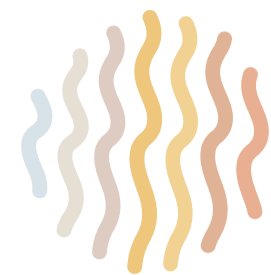


HELPING MINDS



skinpick



trichstop



**A leading online platform for
BFRB treatment**

Our Vision

Specialty mental health conditions had traditionally been misdiagnosed and mistreated, and the problem is too big to solve using the old approach of weekly 1-on-1 sessions with a therapist. There simply are not enough specialized therapists to meet the growing demand. We bridge this market gap by augmenting therapists with technology.

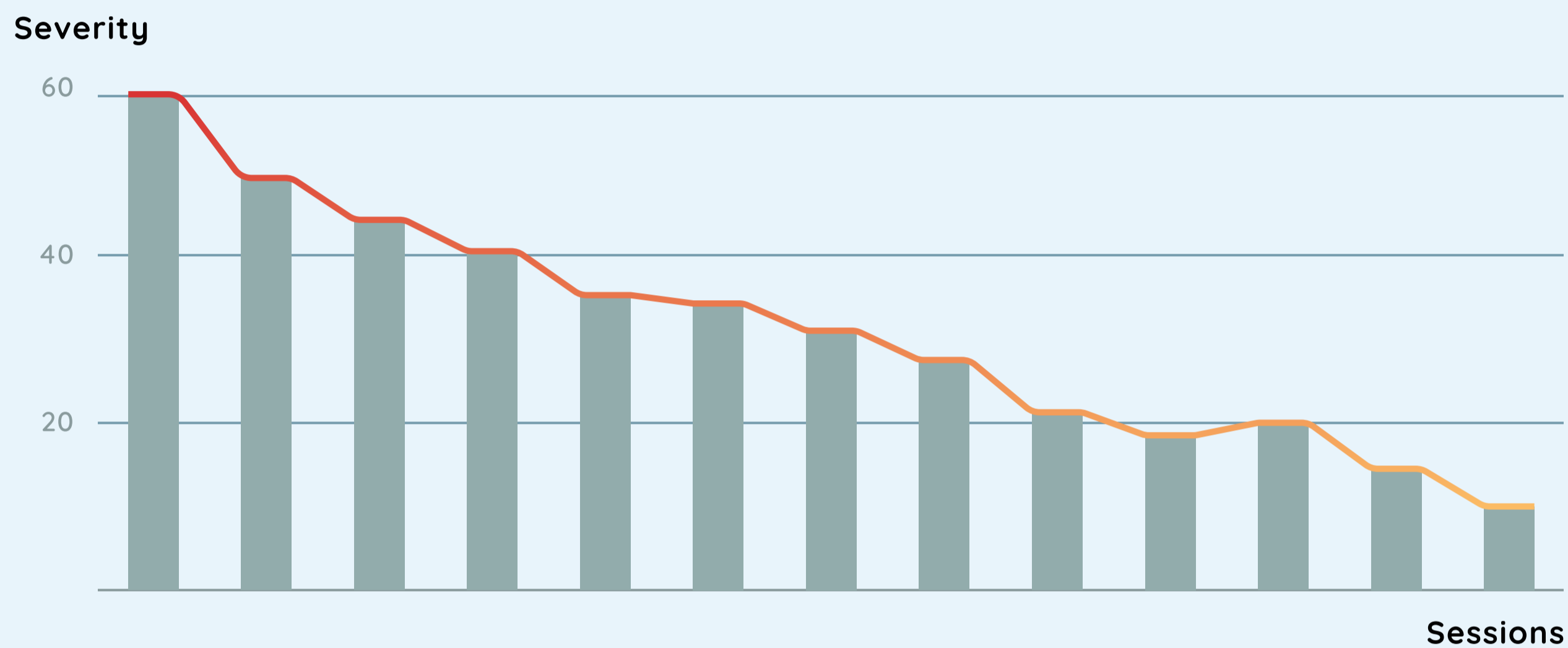
Our Benefits

- One-on-one support from an expert therapist specializing in treating BFRBs
- Rooted in evidence-based methods like CBT, ACT, Mindfulness and HRT
- An innovative online platform containing training modules, in-app tools and support groups
- Convenient and designed to fit into your everyday routine
- Expert therapy at an affordable price

We have treated thousands of people

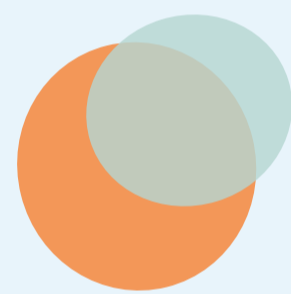
Average reduction in symptoms

Symptom severity measured via the online test, taken every session



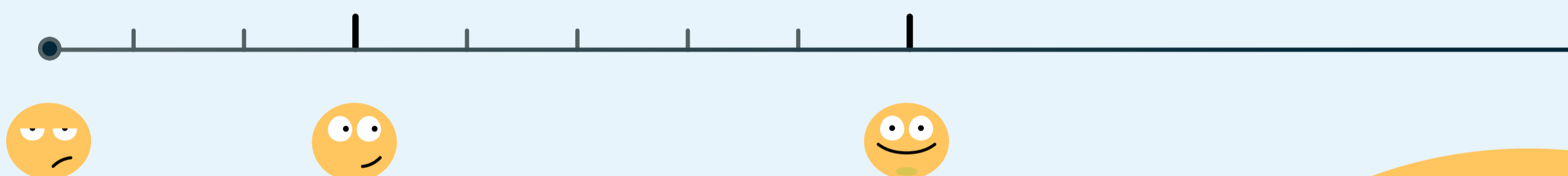
within 3 weeks

over 80% of clients experience reduction in symptoms



within 3 months

clients experience substantial reduction in symptoms of 46% on average (compared to symptom severity at the beginning of the program)



91%

of clients who finish the main modules of the program would recommend it to others